



Tonic

day spa

- Nails • Beauty • Massage
 - Skin • Holistic
- ...and so much more*



Please check out our website for a FULL LISTING OF TREATMENTS, SPECIAL OFFERS AND PACKAGES AVAILABLE. Please be aware that Terms and Conditions may apply. Check out our website for full details.

all about nails

At Tonic Day Spa we offer a wide range of nails using Artistic 7-day wear Nail Varnish and Artistic Gel Colours. With over 100 colours in stock, you'll be stuck for choice. We guarantee all Artistic gel polish for 10 days.

EXPRESS NAILS

Designed to touch up or change polish. Includes cuticles, file and polish to finish.

Hands	Artistic 7-day wear £20	Artistic Gel £27
Feet	Artistic 7-day wear £20	Artistic Gel £27

PRESCRIPTIVE NAILS

Renew and refresh your hands. This treatment includes hand exfoliation and massage, cuticle tidy and a polish to finish.

Hands	Artistic 7-day wear £26	Artistic Gel £32
Feet	Artistic 7-day wear £30	Artistic Gel £36

NAIL HEAVEN

This bespoke nail therapy takes your senses on a journey. Begin by choosing, from a range of Aromatherapy oils to suit your mood. Relax your hands or feet in a warm spa before lying on a heated bed with colour therapy lights, Aromatherapy scents and soothing music. The treatment starts with exfoliation before indulging in a moisturising mask treatment, thermoheat therapy and a luxury massage. Complete your look with cuticle tidy, file and polish to finish.

Hands	Artistic 7-day wear £35	Artistic Gel £42
Feet	Artistic 7-day wear £35	Artistic Gel £42

IBX NAIL THERAPY

A revolutionary nail treatment that works from the inside out to target imperfections and damage for stronger healthier nails.

IBX Treatment £22 or add to any nail treatment for only £12

NAIL ENHANCEMENTS

Full set French or gel £46	Overlays with Artistic gel £36
Refills with Artistic gel £36	Individual Tip £5

NAIL ART AND DIAMANTES

Prices start at £5

Soak Off gel nails £5	Soak Off acrylic nails 30 mins £10
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FOOTLOGIX MEDIPEDI

The world's first ever Pediceticals range used to treat a variety of foot problems including - dry skin, callus, cracked heel, anti-fungal, cold feet, sweaty feet and tired legs.

Footlogix Foot Therapy - no nail varnish £28
or add onto any other pedicure service £14

*Don't forget
your flip flops!*

all about beauty

WAXING

Full Leg Wax	£26
Three Quarter Leg Wax	£20
Half Leg Wax	£17
Lower Arm Wax	£14
Full Arm Wax	£20
Eyebrow Shape	£11
Face Wax	£10
Lip Wax	£6
Chin Wax	£6
Lip and Chin Wax	£10

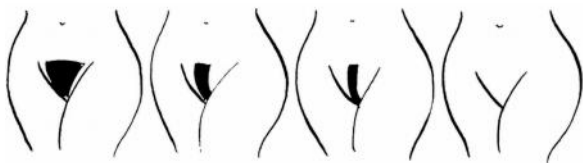
At Tonic we ensure that our therapists are experienced, qualified and fully insured to offer this specialised service. We offer both traditional strip waxing using chocolate wax, which is designed for sensitive skins and GIGI hot wax. Our therapists will tailor your wax using the best products and method for your skin and hair.

Bikini Wax	£11
Extended Bikini Wax	£14
Brazilian	£16
Hollywood First Treatment	£34
Hollywood Maintenance	£28

MEN'S WAXING

Back Wax	from £20
Chest Wax	from £16
Eyebrow Tidy	£11

Please note hair should be a suitable length for waxing. We advise not shaving for two weeks before your treatment. Do not use perfumed products or deodorants, do not swim, use a sunbed or heat treatment for 48 hours after your treatment. If in doubt call in for a pre-treatment consultation.



Bikini

Extended Bikini

Brazilian

Hollywood

All ABOUT EYES

TINTING

Eyelash Tinting	£15
Eyebrow Tinting	£6
Eyebrow/lash Tinting	£18
Eyebrow Shape and Tint	£14
Eyelash Tint/Eyebrow Tint/Eyebrow Shape	£26

Please note a patch test is required 48 hours before any tinting treatment.

EVL LASH LIFT

40 minutes £40

Extend, Volumise & Lift, EVL Lashes is the latest in eyelash treatments which lasts up to six weeks depending on individual's lash cycle.

INDIVIDUAL LASHES

RUSSIAN

HOLLYWOOD

Full Set	£80	£55
Maintenance		
2 weeks	£26	£20
3 weeks	£36	£26

EXPRESS LASH

£32

Using individual lashes. Lashes last approximately 2-3 weeks before being removed and a new set applied. No infills required.

PARTY LASHES

£16

Individual lashes will create and emphasise the natural length and thickness of your own lashes. Great for special occasions.

MAKE-UP

starting from £35

Bridal, Prom and special occasion make-up available. Visit our website for more details or give us a call.

SPRAY TAN

£26

Introducing Bondi Sands-Australia's leading Tan. Choose from range of colours to suit your skin.

In a rush? Try Bondi Sands express tan.

RED VEIN REMOVAL

starting from £50 per session

Short wave diathermy can quickly and effectively improve - and often remove - common skin problems and blemishes such as warts, skin tags and thread veins. During this treatment, a fine, hair-like needle is used to conduct a small energy current into the broken capillary, causing them to dry up, collapse and disappear. Book in for a free consultation.

Multiple sessions may be required.



Tonic
skin hub



Taking skin to a whole new level

dermaplaning

Dermaplaning treats fine lines, uneven skin tone, open pores, pigmentation, dry skin and that unwanted facial hair. Using a surgical scalpel, dead skin and fine vellus hair (peach fuzz) are gently scraped away from the skin's surface giving clients immediate brighter, smoother skin. It is a form of deep exfoliation that improves cell turnover and healing, as well as allowing better penetration of skin care products, leaving the skin more radiant and healthier looking.

Dermaplaning	£55 or Course of 3 £150
Dermaplaning with LED light therapy	£65 or Course of 3 £175
Dermaplaning with chemical peel	£100 or Course of 3 £270

chemical peels

IMAGE-CLINICAL COUTURE PEELS

Our signature chemical peels help to reverse the visible effects of damage. Our peels power away dull, dead cells to illuminate the skin and reduce the appearance of fine lines, wrinkles, age spots, clogged pores and blemishes, helping to support collagen for firmer-looking skin over time.

O2 LIFT

£65

The oxygenating O2 Lift peel delivers an instant, visible boost to invigorate the skin and give it a gorgeous glow. This luxurious skin care treatment infuses oxygen, plant-derived stem cells, peptides and a high concentration of enzymatic botanicals into the skin leaving it luminous, refreshed and rejuvenated.

I PEEL ORMEDIC LIFT™

£65

This non chemical peel uses organic ingredients with medical effectiveness to rebalance, regenerate and restore skin while using comfrey stem cells boost cellular turnover.

Recommended for: Unbalanced, irritated, sensitive.

I PEEL SIGNATURE FACELIFT®

£75

This results driven facial uses vitamin C and fruit enzymes blend to visibly reduce redness and brighten the skin. With a boost of Hyaluronic acid for superior hydration.

Recommended for: Redness-prone, dry/dehydrated, smoker's skin, tired/ dull, post-microdermabrasion, oily/acne.

I PEEL WRINKLE LIFT®

£90

Using a ultra-resurfacing blend of glycolic acid combined with retinol this peel visibly reduce the appearance of fine lines and wrinkles.

Recommended for: Aging, wrinkles, rough complexion, uneven skin tone, smokers' skin, tired/dull skin, oily/acne.

I PEEL LIGHTENING LIFT® FORTE

£90

This results-driven treatment combines the most innovative and effective botanical brighteners with echinacea, plant-derived stem cells and anti-aging peptides for youthful, illuminated skin.

Recommended for: Advanced pigmentation, aging, dry/dehydrated, uneven skin tone, age spots, redness-prone.

I PEEL ACNE LIFT®

£90

Using a blend of AHA's and BHA's with protective agents to effectively treat all grades of acne.

Recommended for: Acne, oily, acne-prone, aging.

Courses Available - Book in a free consultation for your individual treatment plan.

protégé elite

Protégé Elite is a clinically proven facial procedure for toning, tightening, and improving skin texture. Its benefits include rejuvenation, wrinkle reduction and skin tightening, improving texture to sagging skin of the eyes/brows, face, jaw line, neck, and areas of the body.

Protégé Elite uses the most sophisticated delivery of RF energy with ground breaking EFC Elite technology that disrupts aged collagen fibres and evokes fibroblasts to produce new collagen fibres. The Protégé Elite delivers consistent and measurable results with superior level of safety for a pain free treatment.

HALF FACE **£75 or Course of 5 £300**
Working on essential areas such as eyes and forehead or lips, chin and jaw.

FULL FACE **£120 or Course of 5 £480**
Forehead to jaw line.

FACE & NECK **£150 or Course of 5 £600**
Treatment is recommended in a course of 5 for maximum results. A one off top up is recommended every 9-12 months and a full course may be repeated every 2-4 years.

DELUXE BOOSTER PACKAGE **£230**
Due to popular demand the treatment has been designed for maximum results after your initial course. The package consists of four non-surgical facelifts to lift and tone facial muscles and one Radio Frequency booster treatment for skin tightening and wrinkle reduction.

One non-surgical treatment per month for four months and one Full Face and Neck Radio Frequency booster treatment at month five.



nuderm 6 in 1

NuDerm-DEFINITIVE FACIAL £80 or Course of 6 £400

Experience the ultimate in facial treatments combining:

- Diamond Tip Microdermabrasion - Resurfacing of skin, targeting scarring, pigmentation and stimulates cell renewal.
- Micro Current - Non-Surgical facelift to tighten muscles, tone skin and reduce signs of aging.
- Ultrasound - Plumps skin, assist in absorption of products such as collagen.
- LED light therapy - Uses differing light waves aids in various skin conditions including acne, sensitivity, aging.

Individual treatments also available.

MICRODERMABRASION -DIAMOND TIP £40 or Course of 6 £200

Microdermabrasion exfoliates the superficial layers of the skin stimulating cell renewal. It helps to reduce fine lines and wrinkles and corrects abnormalities in the skin such as pigmentation and scarring. Used in combination with Ultrasound and LED light therapy for a tailored treatment and results.

NON-SURGICAL FACELIFT £40 or Course of 6 £200

Using a low level micro current this treatment tones and firms muscles, lifts jowls and eyebrows, reduces fine lines and wrinkles and stimulates circulation. Resulting in firmer and fresher looking skin.

LED LIGHT THERAPY £40 or Course of 6 £200

LED light therapy emits low level light into the skins epidermis stimulating protein renewal - the building blocks of our skin.

- Blue light is anti-bacterial and is used for treatment and control of acne - treatment recommended 2-3 times per week.
- Yellow light reduces wrinkles and rejuvenates skin by stimulating fibroblasts and reducing MMPs that breakdown and damage collagen.
- Red light was developed and studied by NASA stimulates oxygen, blood flow and healing.

DEFINITIVE BOOSTER PACKAGE £350

Upgrade to four NuDerm Definitive facials for skin resurfacing, toning, lifting and one Protégé Elite facial for skin tightening and wrinkle reduction.

One non-surgical or NuDerm Definitive treatment per week/month for four weeks/months and one Full Face and Neck Radio Frequency booster treatment at week/month five.

aesthetics

At Tonic Day Spa we are delighted that all Aesthetics treatments we provide are carried out by Dr Sara Ramond. With over 14 year's experience and Harley Street trained in aesthetics, Dr Sara strives to deliver the best in anti-aging and facial sculpting offering revolutionary treatments where once surgical procedures were used. A consultation is required to determine individual needs, offering you a tailor-made treatment plan.

FILLERS

We offer a range of fillers including:

Juvéderm® Belotero® and Teosyal®

Lips from £150

Scars from £150

All other areas from £200

Areas treated: Lips, cheeks, nasolabial lines, marionette lines, chest, back of hands and scars.

ANTI-AGING TREATMENT

Bocouture® and Botox®

One area from £180

Two areas from £235

Three areas from £290

Areas treated: Frown lines, forehead, crows feet (eye lines), lower face and neck treatment as part of a non-surgical facelift and subtle lip enhancement.

Combination packages available for Dermaplaning, Protégé Elite and Nuderm facials. *Please ask for details.*

PLASMA PEN-LIFT WITHOUT SURGERY

This cosmetic corrector is the gentle alternative to skin tightening surgery. The combination of plasma and NF+ technology, currently makes the plasma pen unique, world-wide.

This gentle, low-pain procedure achieves incredible, permanent results - immediately.

Non-surgical blepharoplasty (Droopy eyelids) £250

Additional areas of frown lines or crow's feet £50

Removal of skin tags or moles from £30

Removal of verruca's £50

£100 for 3 treatments

A bespoke package can be arranged for clients as part of their aesthetic treatment plan.

[comfort zone] therapies

Comfort Zone therapies merge ancient rituals, aromatic oils and massage techniques with high-tech scientific technology and ingredients to deliver unique face and body treatments that offer visible results wrapped in nurturing relaxation.

SUBLIME SKIN

50 minutes £46

Using a blend of Aromatic essential oils, active plant botanicals and high-tech ingredients this facial offers visible results wrapped in a nurturing and relaxing experience. Each facial is tailored to your individual needs, your therapist will choose from a range of skin care to create your unique treatment. Including a Tranquillity welcome ritual, Scalp, Face & Shoulder Massage.

HIMALAYAN BODY THERAPY

70 minutes £56

An extraordinary ancient ritual for the body that starts with a deeply relaxing massage to the body using warm Himalayan salt stones alleviating tension, stress and anxiety. The treatment then proceeds with an exhilarating pink Himalayan salt scrub and nourishing aromatic oils to detoxify, ease aches and pains, stimulate metabolism and restore vitality and balance.

TRANQUILLITY MASSAGE

This innovative body therapy leads to an extreme state of relaxation, working the muscular, nerve and emotional levels. Stimulating 3 sensorial pathways; smell - using a special blend of aromatic oils, touch - using soft brushes and rhythmic massage and finally sound - using specific music to induce deep rest, balance and regenerate the mind. At Tonic Massage Hub we offer two types of Tranquillity massage:

PRO SLEEP MASSAGE

50 minutes £46

Designed specifically to assist in relaxation and aid sleep patterns this gentle massage starts with soft brushes dipped into warm aromatic oils. The brushes are used to apply Tranquillity oil to the body in a slow soothing motion. A specific rhythmical and gentle massage is performed in sync with music designed to lower the heart rate and relax the mind. This therapy is best performed in the late afternoon or evening.

SUBLIME MASSAGE

50 minutes £46

A perfect combination of relaxation and massage, this therapeutic massage starts with soft brushes dipped into warm aromatic oils. The brushes are used to apply Tranquillity oil to the body in a slow soothing motion relaxing the mind and body. A massage is then performed using therapeutic techniques to relieve muscular stress and tension.

Pressure can be adapted to your preference - light, medium or firm.

Tonic 
massage hub



Step inside our Massage Hub Suite and immerse your senses with aromatherapy oils, soothing music and soft lighting designed to melt your cares away. Enjoy one of our many luxurious treatments.

holistic therapies

REFLEXOLOGY

40 minutes £42

Course of 6 sessions £200

All the systems in your body need to be working together well to maintain a healthy balance. Stress, injury or illness can cause the balance to be disrupted. Using special finger/thumb combinations Reflexology helps balance the body's natural energy pathways and in turn balances the nine systems. Reflexology can assist in numerous conditions, such as endometriosis, IBS, migraines, arthritis, fertility and cystitis to name a few...

REIKI

first visit £50 then 50 minutes £45

Feeling stuck in a rut? Suffering from anxiety, insomnia or depression? Stressed, bereaved or generally in need of a pick me up, then Reiki is just for you. Working on our internal energy system, Chakras, Reiki retunes, rebalances and re-energises you to bring about mental, physical and emotional healing. This treatment is performed fully clothed.

INDIAN HEAD

25 minutes £28

For over a thousand years Indian head massage has been a part of family tradition in India. Benefits include increased relaxation and stress relief. The massage will also improve the condition of the scalp, hair and general state of health. Treatment includes massage to the upper back, shoulders, neck, scalp and face, using hot oil.

INDIAN HEAD with REIKI

50 minutes £46

This technique combines traditional Indian head massage with the healing power of Reiki, making this a physically and spiritually rebalancing and relaxing treatment.

HOPI EAR

40 minutes £36

This treatment is designed to relieve problems of the ear, such as ear wax, tinnitus and sinus problems. The ear candle creates a slight suction action, whilst a gentle vibration affects the ear drum having a massaging and soothing effect.



massage

HOT STONE

Using a combination of massage techniques and healing energetic stones, this treatment will melt your body and soothe your mind, leaving you totally relaxed. This relaxing and therapeutic treatment uses volcanic stones which are heated to 55 degrees and used to massage you and soothe the muscles. This is more than just a massage...

Stress Relief Back Massage	25 minutes £28
Full Body including Face and Scalp	60 minutes £50
Full Body Massage with Reiki	70 minutes £56
Deep Tissue Full Body Massage	70 minutes £56

HYDROTHERM

This unique massage is performed on a cushion of warm water, which provides a luxurious and unsurpassed massage experience. The water supports the body and the heat enables tight muscles to begin to relax before the massage even starts. Massage can be varied in depth to suit your needs.

Half Body Massage includes Back, Stomach, Arms and Face	40 minutes £38
Full Body Massage	50 minutes £50
Deep Tissue Massage	70 minutes £56

URBAN RITUAL

70 minutes £56

This massage is truly holistic in every way. The treatment begins with dowsing of the chakras to determine where you are out of balance before an aromatherapy oil is blended to assist in bringing harmony back to the body and mind then your therapy begins. Start with inhalation and massage to the face, arms and legs before melting away with Reiki and aura dowsing. Finish your treatment with a back and scalp massage.



SWEDISH

Traditional Swedish Massage is a full body massage using long strokes of effleurage and deep manipulation to help relieve muscle stress and tension relaxing you and your body. Pressure can be adapted to your preference - light, medium or firm.

Stress Relief Back Massage	25 minutes £27
Back of Legs, Back, Face and Scalp Massage	40 minutes £38
Full Body including Face and Scalp	50 minutes £46
Deep Tissue Full Body Massage	70 minutes £55
Full Body Massage with Reiki	70 minutes £55

SPECIALIST MASSAGE

CORRECTIVE

25 minutes £35

This treatment works upon knots and areas of sensitivity within the muscle, ligaments and surrounding tissues. Corrective Massage is particularly recommended for athletes and sportsmen/women and specific muscular problems.

BACK MANIPULATION & REMEDIAL MASSAGE

20 minutes £35

Carried out by Jonathon Edwards Remedial Masseur L.C.S.P.(Assoc). Jon uses skeletal manipulation to help correct general back problems and pain. Sciatica, frozen shoulder, wry neck, joint sprain, strains, postural problems and sports injuries can all benefit from this treatment.

COMBINED REMEDIAL MANIPULATION & CORRECTIVE MASSAGE

40 minutes £60

This combination of therapies assists in educating your body to retain correct position and function. Remedial massage manipulates the skeleton whilst Corrective massage works on the muscles, ligaments and soft tissues.



tailor made packages

In need of a treat? Just one hour won't do. We'll take a look at what we have tailor made just for you...

TOTAL INDULGENCE

£99

A 2½ hour package of complete relaxation. Indulge your senses with our selection of pre blended Aromatherapy oils before your journey begins. A full Body Brush will renew and refresh your skin before you relax and unwind with a full body Massage and Comfort Zone Sublime Facial. Soothe your mind with a rebalancing of your chakras then complete your journey with Indian Head Scalp Massage.

THE PERFECT TONIC

5 hours £180

This five hour package has been around since Tonic Day Spa opened and years on is still a hit. If you need a complete day away then join us for 'The Perfect Tonic.

- Indulge your senses with our selection of pre blended Aromatherapy oils before your journey begins.
- Start with a Body Brush and Full Body Massage to relax and unwind.
- Comfort Zone Sublime Facial to refresh, renew and restore your skin.
- Reiki - chakra balancing to soothe your mind.
- Enjoy lunch on us before an afternoon of beauty with Prescriptive Pedicure and Gel Manicure.
- Complete your look with an Eyelash Tint, Eyebrow shape and eyebrow tint.

HOLIDAY COUNTDOWN

2½ hours £99

Feel great all year round with this perfect two and a half hour grooming package.

- Gel Express Manicure, Express Gel Pedicure, Eyebrow Shape and Tint, Eyelash Tint or Party Lashes and Spray Tan.

MEN'S TIME TO UNWIND

2½ hours £99

Banish the inner caveman with this two and a half hour treatment.

- Start with a Body Brush.
- Full Body Deep Tissue Massage to relax you from your head to your feet.
- Sports Facial to refresh and renew.
- Complete your treat with an eyebrow shape and Hand and Nail Tidy.

PRECIOUS BUNDLE PREGNANCY TREATMENT 2½ hours £99

This two and a half hour treatment is tailor made for mummy and baby.

- Ease away your aches and pains with a Stress Relief Back Massage before enjoying a Lower Leg Massage and Reflexology.
- Reiki will destress and refocus the mind.
- Complete your pamper with a Prescriptive Pedicure.
- This package is designed to pamper and de-stress mother and baby.
- All therapies are safe during pregnancy and recommended after the first trimester through to birth.

TEEN TREAT

80 minutes £55

Ideal gift for your young adult.

- Combining a relaxing Back Massage, Teen Balancing Facial and Manicure.
- Come along together and enjoy.

TRANQUILITY SUBLIME THERAPY PACKAGES

Back Therapy 80 minutes £60

Full Body Therapy 100 minutes £80

This package is designed to restore vitality to the face and body, relieve tension and bring about a deep relaxation.

This luxury package begins with warm Himalayan salt stones, used to exfoliate, removing dulling dead cells, brightening and restoring the skin whilst the warmth aids relaxation. Unwind with a Tranquillity massage - soft brushes dipped into warm aromatic oils, brushes are used to apply Tranquillity oil to the body in a slow soothing motion relaxing the mind. A massage is then performed using therapeutic techniques to relieve muscular stress and tension followed by a Sublime Skin facial customised to your skin specific needs.

Can't find your perfect package?

Call us and let us design a bespoke package just for you.

ONCOLOGY TREATMENTS

At Tonic we understand the needs of those suffering with and being treated for cancer. Our specialist staff are trained and certified by Amethyst Trust to provide Oncology support therapies. *Please contact us for a free consultation so we can discuss your needs.*

PREGNANCY TREATMENTS

We offer a wide range of therapies designed to relax and aid your body during pregnancy after the first trimester. Check out our website <https://tonicdayspa.co.uk/treatments/pregnancy-treatments/> Or call for more information.

specialist treatments

CLINICAL HYPNOTHERAPY

Clinical Hypnotherapy is an altered state of consciousness. It is in this altered or trance state that the hypnotherapist "speaks" to your unconscious mind and makes the positive suggestions to change your behaviour for the better. The patient is fully in control and a hypnotherapist cannot make anyone do something that they are not willing to do. Over several sessions, the hypnotherapist will work with the unconscious mind to assist the patient with their phobias, weight-loss, cessation of smoking, problems sleeping, confidence, panic attacks/ anxiety and much more.

Marie Chaney DIPHYP DNLP GCHP GHREG (MHS)

Registered with General Hypnotherapy Council.

Adult Hypnotherapy sessions	£65
Child Hypnotherapy sessions (5 -16 years old)	£45
Past Life Regression	1½ hour session £95
Quit Smoking	1 off 2 hour session £175
Six session Weight Loss (over a course of months)	£395
Adult six week Mindfulness course	£180
Child six week Mindfulness course	£90

COUNSELLING

At Tonic day Spa we offer humanistic counsellor. This means that the therapy we use together will focus on self-development, growth and responsibilities, helping you recognise your strengths, creativity and choice in the 'here and now'.

The benefits of humanistic therapy

Humanistic approaches are especially suited to anyone feeling lost, struggling with low self-esteem or generally looking to improve well-being. The Humanistic approach will also work with people living with specific conditions, such as anxiety, panic disorders, addiction, depression, obsessive-compulsive disorder (OCD), bipolar disorder and schizophrenia. People who are having relationship issues (including family relationships) may also benefit.

First session 60-80 minutes £80

Follow on sessions 55 minutes £60

for your information

At Tonic Day Spa we endeavour to deliver the highest quality of service, treatments and products. Our therapists are all experienced, trained and skilled in their selected treatments.

We use the highest quality leading products, consistently source new and innovated treatments and provide ongoing training for all our staff.

CANCELLATION POLICY

- Full refund will be given providing the appointment has been cancelled within 24 hour for singular services and 48 hours for multiple services or packages.
- Failure to cancel within this period will incur a £5 per 15 minute of booked appointment time.
- Failure to attend your appointment will result in full payment being charged.

NEW CLIENTS

Please note all new clients are asked to pay for their first treatments in advance, at time of booking.

WEBSITE BOOKINGS

Please check out our on-line booking for easy and convenient booking any time of day or night. All website bookings must be paid for at time of booking.

GIFT VOUCHERS

Whether it's for a special occasion, or 'just because', a Tonic Day Spa Gift Voucher gives your someone special the opportunity to spoil themselves.

Vouchers are available for selected treatments or in monetary amounts, allowing the recipient to choose their ideal treatment and taking the stress away from you.

In a rush - Gift vouchers can be purchased via our website.



Tonic day spa



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YouTube

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or just give us a call to find out about our monthly offers
and competitions.*